Mulberry Farms
A GREAT STREET COMMUNITY

November Calendar



New Fitness Class:
Movement with Jennifer

Meet Jennifer, our new yoga instructor

Jennifer brings certifications in yoga, core strengthening, muscle toning and fluid movement, along with experience working with older adults. Her welcoming approach helps you build strength, improve flexibility and move with confidence at your own pace.

9 AM Mat Yoga:
Warm up your muscles, mobilize your joints and awaken your core through fluid movements, gentle stretches and intentional breathing. All levels welcome. Bring a mat; we'll have a few to borrow.

10 AM Chair Yoga:
Prefer the support of a chair? Join us right after for gentle stretches, mindful breathing and strengthening movements. No equipment needed!

Community Notes:

Club Leader Meeting | Tuesday, Nov. 3 | 10 AM
For current and future club leaders: we'll talk about why clubs matter and review the new club agreements.

Coffee Chats Specials | Wednesdays | 9:30 AM
Nov. 11: Community Update with Amber. Nov. 25: Scotty Talk with maintenance tips and Q&A.

Ponies on the Patio | Thursday, Nov. 19 | 10 AM
Miniature ponies from Horses with Heart are coming to visit. Come share the love!

Sundays

NFL Huddle
10 AM (Every Sunday)

Mahjong
2 PM (Every Sunday)

Mondays

Mat Yoga with Jennifer
9 AM (Every Monday)

Chair Yoga with Jennifer
10 AM (Every Monday)

Tuesdays

Medicare Assistance with Mike Hodges
2–3:45 PM (1st, 2nd & 3rd Tuesdays)

Together Tuesday
5 PM (Every Tuesday)

Wednesdays

Coffee Chats
9:30 AM (Every Wednesday)

Cards, Cards, Cards
1 PM (1st, 3rd & 4th Wednesdays)

Wine Down Wednesday
5:30 PM (1st, 3rd & 4th Wednesdays)

Thursdays

Community Walk
8 AM (1st Thursday)

Rock Painting
11 AM (1st Thursday)

Women's Bible Study
1 PM (2nd Thursday)

Bingo
4:30 PM (2nd Thursday)

Book Club
4:30 PM (1st & 3rd Thursdays)

Fridays

Diamond Art Class
1 PM (2nd Friday)

Sing-Along in the Barn
6 PM (2nd Friday)

Trivia with the Rocks
5:30 PM (3rd Friday)

Saturdays

Art Masters Workshop
10 AM (2nd Saturday)

Birthday Bash
11 AM (3rd Saturday)

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November 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 NFL Huddle 10 AM Mahjong 2 PM	**2** Mat Yoga 9 AM Chair Yoga 10 AM	**3** Club Leader Meeting 10 AM Medicare Assistance 2–3:45 PM Together Tuesday 5 PM	**4** Coffee Chats 9:30 AM Cards 1 Pm Wine Down Wednesday 5:30 PM	**5** Community Walk 8 AM Rock Painting 11 AM Book Club 4:30 PM	**6** Barn in Use Private Party 4–9 PM	**7**
8 NFL Huddle 10 AM Mahjong 2 PM	**9** Mat Yoga 9 AM Chair Yoga 10 AM	**10** Medicare Assistance 2–3:45 PM Together Tuesday 5 PM	**11** Coffee Chats & Community Update w/ Amber 9:30 AM Veterans Day Luncheon 1–3 PM	**12** Bible Study 1 PM Bingo 4:30	**13** Art Class 1 PM Sing-Along in the Barn 6 PM	**14** Art Masters Workshop 10 AM
15 NFL Huddle 10 AM Mahjong 2 PM	**16** Mat Yoga 9 AM Chair Yoga 10 AM	**17** Medicare Assistance 2–3:45 PM Together Tuesday Potluck (Sign-up in the Barn) 5 PM	**18** Coffee Chats 9:30 AM Cards 1 Pm Wine Down Wednesday 5:30 PM	**19** Ponies on the Patio 10 AM Book Club 4:30 PM	**20** Trivia with the Rocks 5:30 PM	**21** Birthday Bash 11 AM
22 NFL Huddle 10 AM Mahjong 2 PM	**23** Mat Yoga 9 AM Chair Yoga 10 AM	**24** Grateful Gobble Friendsgiving 5 PM	**25** Coffee Chats & Maintenance Tips w/ Scotty 9:30 AM Cards 1 Pm Wine Down Wednesday 5:30 PM	**26** Thanksgiving Day No Events	**27**	**28**
29 NFL Huddle 10 AM Mahjong 2 PM	**30** Mat Yoga 9 AM Chair Yoga 10 AM					